

# Discussion Questions

## Character and Life Skills: **Helpfulness: Crystal**

### Focus: **Self-Awareness**

### Grade Level: **3-5**

#### Pre-viewing

If you have watched the video of kids discussing this character word, remind students of the definitions developed and discussions of the topic. If you have not watched the other video, consider creating a definition of the word as a group and sharing stories that illustrate the word.

#### After Watching the video: Discussion Questions

1. Crystal talks about being inspired to become a camp counselor for kids. How is Crystal helping others to learn and be inspired?
2. Crystal is a very optimistic young woman. How does that help her as a camp counselor and in her life?
3. Would you say Crystal is self-aware? Why or why not?
4. The video interviews Crystal and her mom who are homeless and have had a hard life. But they talk about the support and love they have and the lessons they learn by overcoming their struggles. How does believing in yourself and relying on others help you get through hard situations?
5. Crystal says “[I] will be the best I can be.” What does this phrase mean? What kind of help do people need to be their best? Why?
6. How can you helping others influence people who need help in the future who may meet those you have helped?
7. Crystal said that her mom and another camp counselor both motivated and supported her. How can you help motivate and support others?
8. Helpfulness made Crystal feel better about herself and motivated her to get involved! How does both helping and being helped make you feel?

#### Notes

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