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For the Classroom

College and Career Readiness: Goal Setting

Discussion Questions

- How can we define a shorter-term goal? Is it defined by the school year? An application deadline? Six months away? A year away?
- What are some of your short-term goals?
- Why is it important to set goals?

Activity: Mapping Short-Term Goals

Students will learn the importance of goal setting while setting specific, shorter-term goals for themselves.

PROCEDURE

1. Have students take out a piece of paper and something to write with. Have students fold piece of paper in half horizontally once, and then once more in half. Creating 4 boxes.
2. Tell students they are going to think of a short-term goal for themselves and come up with a procedure of how they are going to accomplish this goal. Explain to them that without steps, they will never get there.
3. Have students write their goal in the bottom, right box.
4. In the other boxes, starting with the top, left, they should begin writing steps of how they are going to achieve their goal. Who and/or what resources can provide assistance in the steps to attain that short-term goal?
5. Explain to the students, this is a map they will follow to get to their final destination.
6. When time is up, have students share their maps with the class. Students may want to take those folded “maps” and place them in a pocket or planner as a reminder.