

Patience Lesson

The Game of “Yo!”

Introduction:

Although Sarah Hoa has played the violin for years while Lane Siedor is just beginning her viola lessons, both girls must exercise the same level of patience as they strive to improve.



Essential
Question:

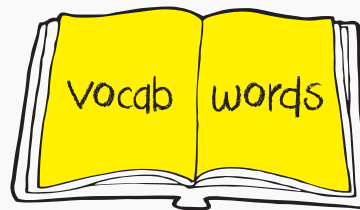
How do we
show patience?



materials

A bean bag

Space for everyone
to stand in a circle



vocab words

achieve

patience

personal

Pre-viewing:

The following can be asked/done before watching video.

- Tell students you are going to pretend for a moment that you are a student in class and your teacher has asked you to wait your turn.
- Ask them to watch everything you do and say.
- Sit in a chair and pretend you are impatient; say things like, "When is it my turn? Is it my turn now? I want to have a turn. Come on! She had a turn already." Fidget with your chair, jump up and down, stomp your feet – you know what it looks like.
- When you are done, ask students to describe what you did.
- Ask students to show you what you should have done to wait your turn.
- Explain that they are going to see a video that shows a different kind of patience, one that lasts a very long time – not just waiting for a turn, but working hard for years to achieve something wonderful. Now that's patience!

Notes: _____

Discussion Questions:

The following can be asked/done after watching the video.

- What is Sarah's goal? What is Lane's goal? How do they need to be patient to achieve that goal?
- What kind of goals have you set? How will being patient help you reach those goals?
- How can having a role model like Sarah help Lane become a better musician?
- What are some ways we need to be patient in class? Why?

Notes:

Procedure:

Introduction:

- Talk to students about waiting and taking turns. Ask:
 - How do we take turns?
 - Is it easy or hard to take turns? Why?
- Explain that the class will play a game that requires everyone to be patient and wait our turn. The group will practice patience.

Direct Instruction (I do):

- Show the bean bag/bean bag animal.
- Demonstrate the correct way to toss the bean bag to another person: a light, underhand toss.
- Ask: Why don't we throw it at the person?

Guided Exploration (We do):

- Explain that before tossing the bean bag, the holder must look at a person, say that person's name, and wait for the person to reply, “Yo!”
- Only when the person has replied “Yo!” is it okay to toss the bean bag. Be patient.
- Practice with teacher calling a student's name. The student replies, “Yo!” The teacher then tosses the bean bag gently to the student.
- The student calls the teacher's name; the teacher says, “Yo!” and the student tosses it back.
- Go around the circle tossing to a student who goes through the “Yo!” process and then tosses it back to the teacher.
- When teacher has gone around the circle, ask students if it was easy or hard to be patient and wait to hear their names. What did they do to help themselves be patient?

Procedure Continued:

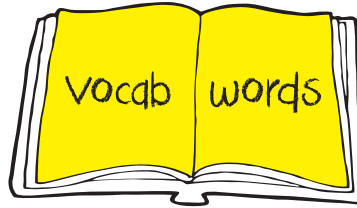
Independent Practice (You do):

- Play the game again, but the students toss to each other; they do not have to toss back to the teacher.
- Explain that each person may only “Yo!” once. If you have already caught and tossed the bean bag, cross your arms over your chest (or some other signal) to indicate you have had a turn.
- Ask: how did you need to use patience to play this round?

Conclusion:

Discuss with students: How did we show patience in our game? What are some other times during our school day where we need to be patient? What are some times at home that require patience? Why is patience important?

Vocabulary & Definitions



achieve (v.) Definition: to succeed in doing something good, or getting the result you wanted, after trying hard for a long time

Context: Brad worked hard to achieve his goal of learning all of his multiplication tables so he could advance to the fourth grade.

patience (n.) Definition: calmly working and waiting; not complaining; the ability to wait calmly, accept delays or continue doing something difficult for a long time, without becoming angry or anxious

Context: Learning to play the violin requires years of practice and an enormous amount of patience.

personal (adj.) Definition: emphasizing that something is done, known or experienced by oneself

Context: One of Alvin's personal goals is to climb Mount Everest when he is older.