

# Family Viewing Guide

## Character and Life Skills: Honor

### Grade Level: 3-5

#### The Facts

Research shows that people tend to honor others, living or deceased, for the following reasons:

1. The person has done something outstanding that deserves praise.
2. The person has dedicated him/herself to a cause for a long time.
3. The person started or invented something very successful that has helped others.
4. The person has changed things for the better.
5. The person achieved and/or helped others achieve a specific goal.
6. The person has been persistent and diligent.
7. The person has been a superior leader.

Honoring people motivates others to do better and creates role models.

#### Start a Conversation with Your Kids

1. What does honor mean to you?
2. How can we honor each other at home?
3. How can we honor others in the community (friends, neighbors, workers)?
4. Why is it important to honor others?

#### Advice from the Experts

*PBS Parents* gives the following advice for teaching kids honor

1. **Teach your children to treat people as special.** Children also learn to treat people as special when they watch how their parents treat each other and those outside the family
2. **Teach children to do more than what's expected.** Honor involved being thoughtful and thorough about what you do. Instructing children to surprise you by doing something extra teaches them to think about your needs and desires, not just getting away with the bare minimum
3. **Redirect their bad attitudes.** Obedience is revealed in actions; honor is revealed in the attitude that goes along with those actions. Don't just point out a bad attitude. Give children healthy alternatives. Honor redirects a bad attitude into constructive responses.
4. **Create honor lessons in life.**
  - Ex. Teach your children that one way to honor you is to listen with both eyes. It helps them understand that we can show honor by looking at people when they speak.
5. **Model it.** Children learn about honor from their parents. How you respond to the decisions of leaders or to the news teaches children how to respond to you. When parents discipline with honor, they must remove selfishness from their own hearts in order to discipline effectively.