

Family Viewing Guide

Character and Life Skills: Peace

Grade Level: 3-5

The Facts

Peace is defined as: a state of harmony, quiet or calm that is not disturbed by anything at all.

1. The world has become less peaceful over the last ten years (*Global Peace Index 2016*).
2. Technology is increasingly influencing how civil society and other institutions work to prevent conflict and build peace (*Global Peace Index 2016*).

Start a Conversation with Your Kids

1. How do you define “peace”?
2. What kinds of situations are peaceful? Why?
3. What can we do at home to make it a peaceful environment?

Advice from the Experts

Parents.com gives the following key principles that young children need to learn to be peace makers:

1. **Conflict is a slippery slope.** Some children try to escape from a conflict, while others try to solve it by going on the attack. Few naturally try to work it out. It is important for kids to learn how to work out their conflicts. Teach them to overlook offenses or forgive a wrong, talk-it-out with the other person, or get help when they need it.
2. **Wise-way choices are better than my-way choices.** Selfishness is not smart and will not lead to happiness. The wise way is to obey authority, make right choices, and respect others.
3. **The blame game makes conflict worse.** It doesn't work to point the finger at someone else, cover up one's own bad choices, or make excuses.
4. **Think before you speak.**
5. **Respectful communication is more likely to be heard.**

Notes
