

# Family Viewing Guide

## Character and Life Skills: **Respect**

### Grade Level: **3-5**

#### The Facts

The Association for Psychological Science (2015) states the following facts about respect:

1. Respect promotes positivity. When there is respect, people tend to be calm and nice to each other.
2. Respect is another way of showing care for others. Understanding the differences of other people is a way of showing care and concern. Showing respect simply translates to thinking of the other person's concerns before one's own.
3. Showing respect for other people helps earn trust. People who follow simple rules and treat people nicely typically earn the approval and trust of the other people around them.
4. Respect builds relationships. When there is respect, relationships between different people will grow and flourish.

#### Start a Conversation with Your Kids

1. Do you consider yourself to be a respectful person? Why or why not? In what ways do you show respect to others?
2. What are the benefits of treating people with respect?
3. Describe one person you respect in your life. What does this person do to earn your respect?
4. How do you think respect affects your community, the world?
5. Does everyone deserve respect? Why or why not?

#### Advice from the Experts

**Parents Magazine** gives the following advice to parents on raising respectful children:

1. **Expect Good Manners.** When your kids successfully mind their p's and q's, reinforce their behavior by offering praise — and mentioning why those good manners mattered so much. These behaviors will become natural to them.
2. **Don't tolerate rudeness.** A child who's allowed to speak disrespectfully to his/her family may come to believe it's okay to sass other people too, so it's vital that parents respond to the behavior immediately.
3. **Teach Listening Skills.** By giving someone your time and attention, you let them know that you value them.
4. **Encourage Open-mindedness.** Treating others with respect means taking the time to get to know them and trying to see where they're coming from — even when you don't immediately hit it off. Teaching your kid to keep an open mind will serve them well throughout life — allowing them to discover unusual activities, exciting friends, and fresh ways of looking at things.
5. **Celebrate diversity.** By taking a respectful approach and learning to make a connection with people they encounter, kids will be receptive to exciting new experiences and will eventually come to see the world as a place brimming with possibility for discovery.